



KEMP COUNSELING AND CONSULTING SERVICES

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Licensed Psychotherapist

DISCIPLINE RECOMMENDATIONS AND POLICY

I/We _____, the adoptive family, will use methods of discipline, which are positive and encourage cooperation, self-direction and independence when caring for our children. I/We, the adoptive parent(s), or any person living in our home, shall use the following methods of discipline with a child or infant:

- ✓ Positive Reinforcement
- ✓ Constructive Feedback
- ✓ Avoid physical, emotional, or psychological forms of discipline
- ✓ Praise and reward good behavior
- ✓ Be a good role model
- ✓ Use redirection and positive guidance that are age appropriate
- ✓ Set healthy limits and boundaries
- ✓ Provide a safe environment in which he/she feels secure and loved

I/We agree to provide age-appropriate discipline techniques as stated above.

Adoptive Mother

Date

Adoptive Father

Date

Kemp Counseling and Consulting Services Representative

Date